

# PROCTOCON-RETREAT

PROCTOCON will be in the jungles, staying in huts & tents, bathing in river and discussion sessions around a Campfire! This unique experience will enrich you not just in your field but also emotionally and spiritually. Far from the big cities, far from the madding crowd. We are planning to meet in Gujarat's best & biggest ecotourism site-PADAMDUNGARI



Dear friends,

It has been a very long time since we met. PROCTOCON 2021 was not organized due to the prevailing condition and restriction of Covid 19.

Covid-19 did put a number of restrictions on us. It changed our lives. Howeve it taught us many things.

Many practitioners updated themselves through webinars and online meets, but we also realized the importance of meeting personally and learning from each other. Things are changing slowly but steadily. Even amidst the probable dangers, life is slowly returning to normal.

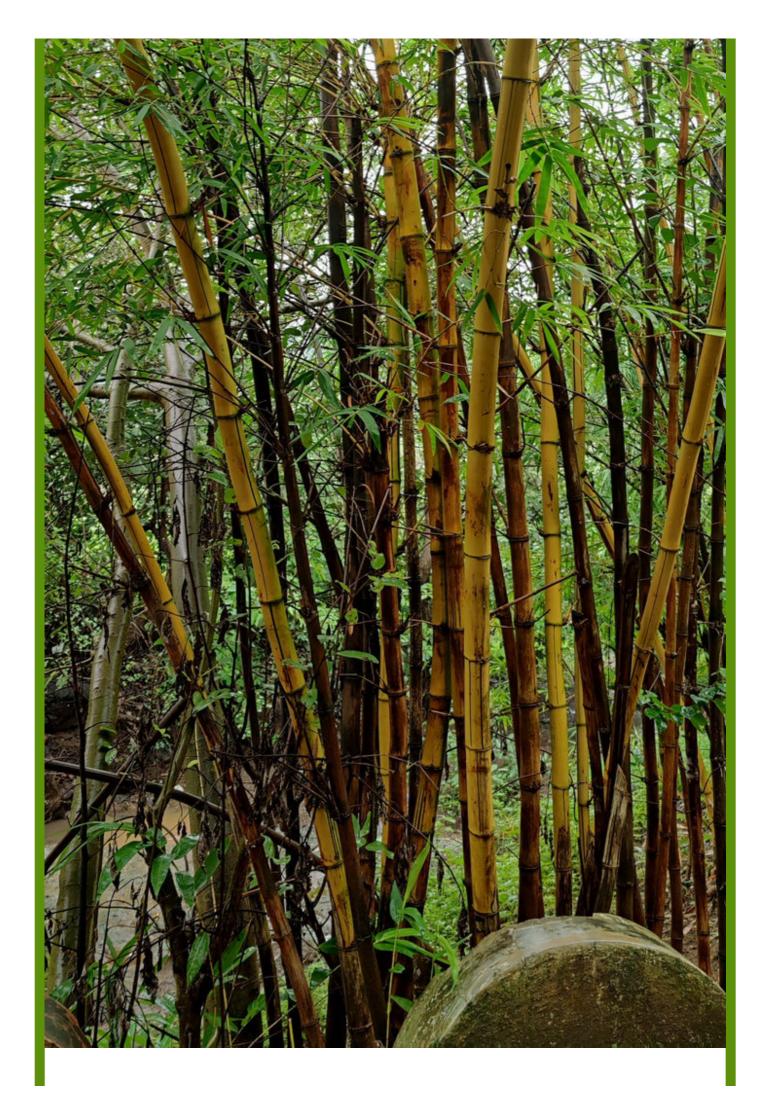
We have long back started our hospitals and almost returned to daily routine. We have started physical meetings, of course with due precautions. So we thought of organizing a mini PROCTOCON this year with limited participants.

This PROCTOCON-RETREAT is especially for post-graduate & PHD scholars, RAV scholars and fresh practitioners (Practice of not more than 2 years).

The total plan is to include the much-needed entertainment & enjoyment along with knowledge and experience. So in these Covid times the best place is a nature's retreat!

Yes! It is PADAMDUNGARI





# About the place

PADAMDUNGARI Ecotourism center overlooks the Ambika river in the Vyara Forest. It is a beautiful campsite in the laps of lush green dense forest with the Ambika river running almost parallel to the campsite. You will be served simple local tribal food which will introduce you to the local culture & simultaneously empower the local women.

You will be greeted by innumerable butterflies, bird calls, great biodiversity of huge trees and beautiful colorful orchids.

Still more to come! There is a small "Aarogya Van " in the campsite with various medicinal plants. Early risers can even opt for guided tours in the surrounding forest. Those interested may request for bird watching, star gazing, reptile tracks, butterfly watch trails and many more activities





There are a few adventure activities like Zip line, tree walk and leisure activities like cycling, which are an icing to the cake.

PADAMDUNGARI strictly follows a no-single use plastic in its premises. For your convenience it provides eco-friendly alternatives.

# We will observe certain necessary Protocols.

- No single use plastic will be allowed inside the campus.
- You are requested to listen to the river and the birds, so no loud music.
- · Alcohol is not permitted inside the campus.
- Littering is an offence.
- All covid guidelines are to be followed.
- Participants should be fully vaccinated, you may be asked to produce your vaccine certificate at the time of registration.





#### Schedule:

Date: March 18,19,20, - 2022

Reporting time: 12 PM

Reporting place: O H Nazar Ayurved college, Near Surat Railway station, Surat,

Gujarat

(Departure for PADAMDUNGARI from Surat at 1:30 PM from Ayurveda college,

Surat by Bus)

Link: https://goo.gl/maps/RwD7wFe8rsbfp2zG9

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w=ImFnKgvDupvbRNE3BRVXZZAD9bwtJpIK213ccJAxkmQ.eyJ1IjoiaHR0cHM6Ly9nb

Night stay for the 18,19 th March is included in the seminar fees.

Modest tent & Huts type accommodation will be provided.

Tea and Dinner for the 28th, breakfast, lunch, tea and dinner for the 29th, breakfast, lunch and high tea for the 30th, is included.

Those who need to extend their stay will have to give their information in advance and book on private bases with the Eco-tourism authorities. Our site managing and coordinating committee can help you on request.



# **Topics & Speakers**

- Hospital setup by Dr. Vipul Modi
- Electrical & Surgical instruments by Dr. Jignesh Mangukiya
- Dressing materials, Common ward procedure, Sterilizations, (fumigation, Autoclave etc) by Dr. Tukaram Dudhmal
- Wound management, suture and techniques By Dr. Foram Joshi
- Applied Anatomy for Ano rectal diseases Dr. Harshvardhan Jobanputra
- Local Anesthesia (Types and induction method) by Dr. Kaushik Vyas
- Video presentation of two surgical procedures by Dr. Hiren Mistry
- Block Anesthesia Pudendal block (Tips and tricks) Video presentation by Dr. Mukul Patel
- Plant Identification, selection and their uses of in our medical and surgical practice (With jungle tracking) by Dr. Yagnesh Vyas
- Do's and don'ts of Ano rectal surgery by Dr. Harshvardhan Jobanputra
- Video presentation of two surgical procedures by Dr. Tushar Shah
- Rational usages of modern medicines, Ayu medicines in Ano rectal surgery specially for pain management and Emergency by Dr. Satish H S

Only 50 registrations will be accepted. Registration will only be confirmed after the online payment of the conference fees. Only post-graduate & PHD scholars, RAV Scholars and fresh practitioners (Practice of not more than two years) should apply for registration Delegates not falling in these categories may be allowed in special cases on request. Acceptance of registration is the sole authority of the registration committee of the SPA. Once registration is done, it cannot be cancelled or transferred.

The fees will be refunded if your registration is not accepted.



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